

# WITCHER

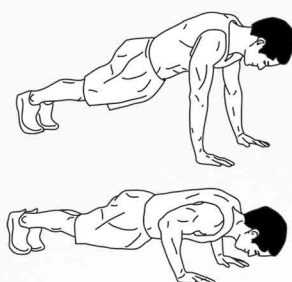
**WILD HUNT**

TRIBUTE WORKOUT BY @darebee.com

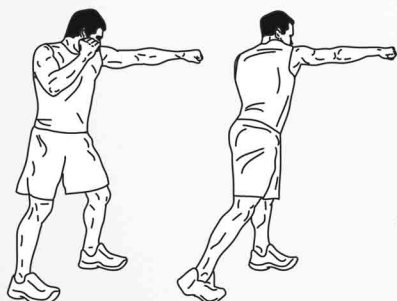
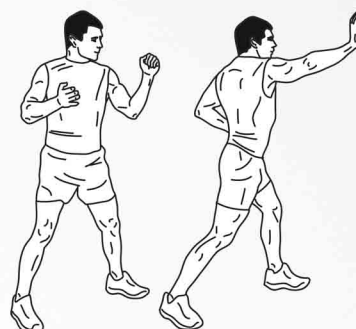
LEVEL I 3 sets LEVEL II 5 sets LEVEL III 7 sets REST up to 2 minutes



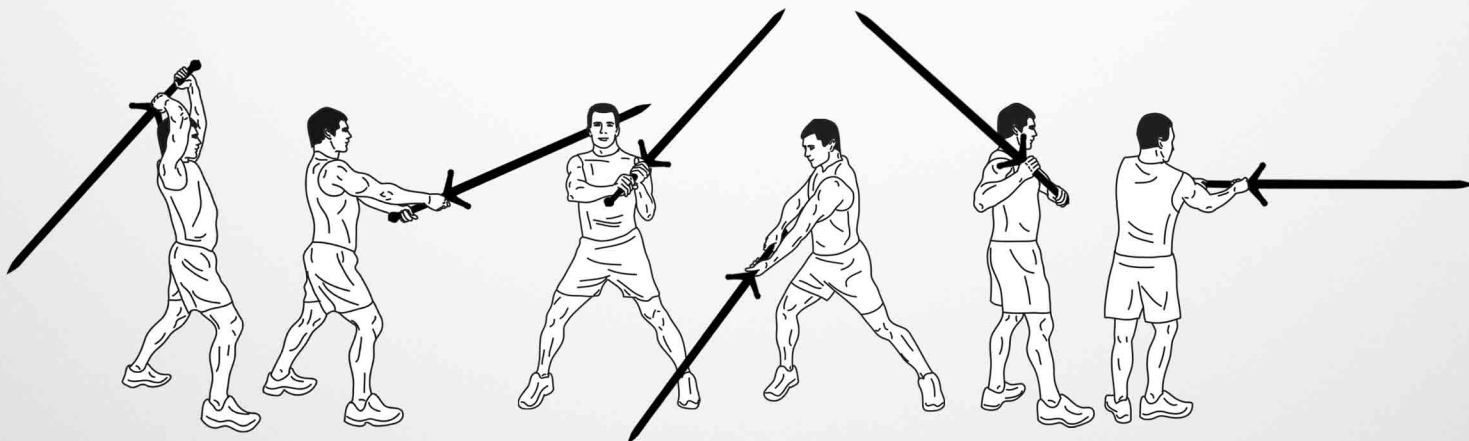
**40** high knees



**20combo** push-up + palm strike (cast sign)



**20combo** jab + cross + squat + uppercut + front kick



**20combo** full cut + cross cut

**20** horizontal cuts (beheader)