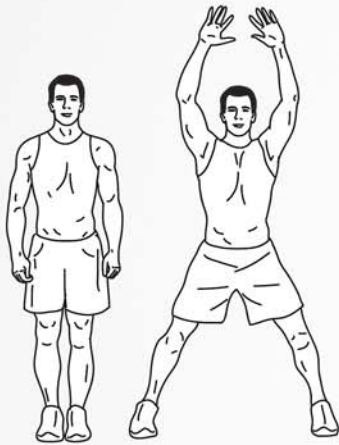


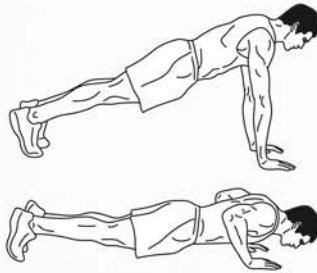
# REVENGE BODY

DAREBEE WORKOUT @ [darebee.com](http://darebee.com)

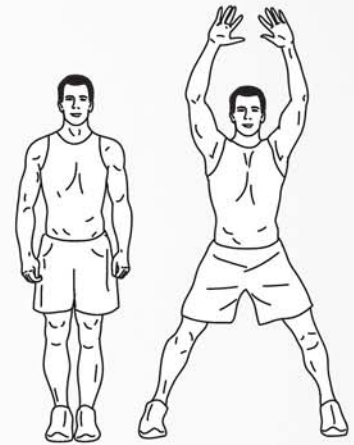
Repeat the circuit 5 times  
2 minutes rest between sets



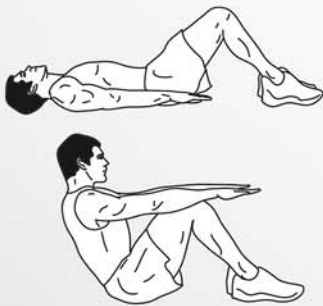
**20** jumping jacks



**20** push-ups



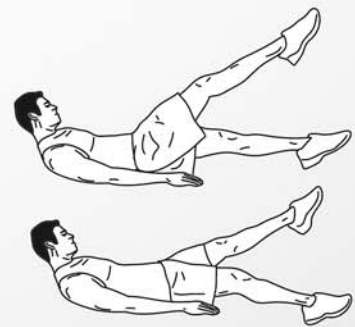
**20** jumping jacks



**20** sit-ups



**20** sitting twists



**20** flutter kicks