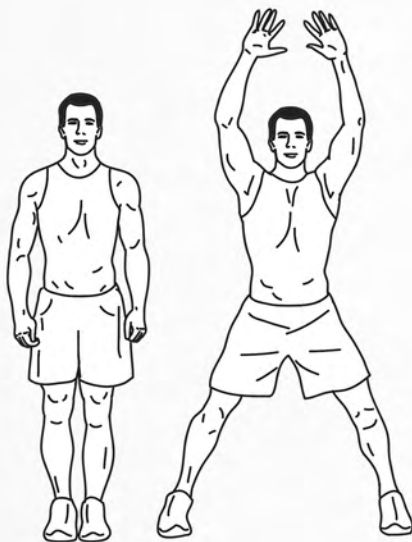


POWER BURNER

DAREBEE WORKOUT @ darebee.com

5 sets | 2 minutes rest between sets



10 jumping jacks

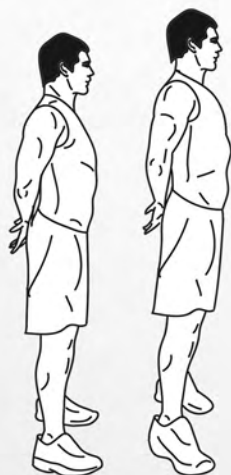
2 calf raises

10 jumping jacks

2 calf raises

10 jumping jacks

2 calf raises



10 jumping jacks

2 calf raises

10 jumping jacks

2 calf raises

done