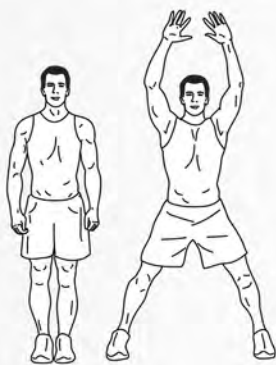


CANDY CRUSHER

DAREBEE WORKOUT @ darebee.com

1 set = 5 candies

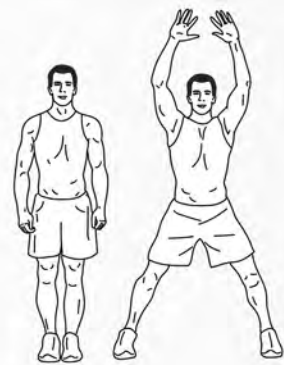
1 minute rest between sets



10 jumping jacks



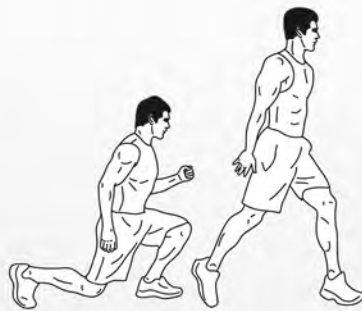
4 jump squats



10 jumping jacks



10 high knees



4 jumping lunges



10 high knees