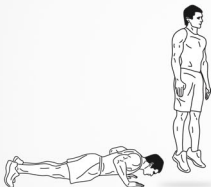


BEFORE BREAKFAST BURPEES

DAREBEE WORKOUT © darebee.com



10 burpees

10 jumping jacks

10 burpees

10 jumping jacks

10 burpees

10 jumping jacks

10 burpees

10 jumping jacks

10 burpees

10 jumping jacks

