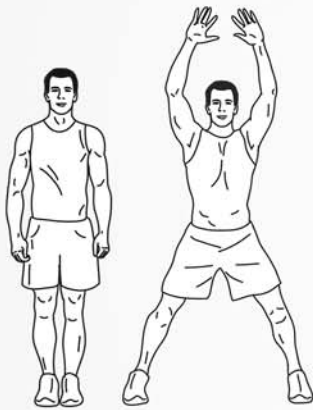


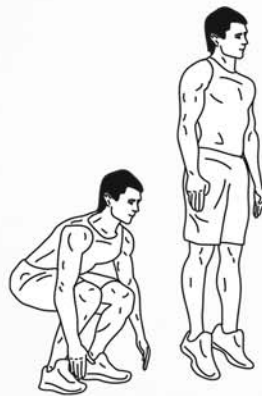
2-minute WORKOUT

by DAREBEE @ darebee.com

20 seconds each exercise | no rest between exercises



jumping jacks



jump squats



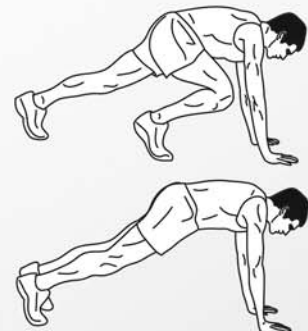
high knees



side-to-side lunges



squats



climbers