



Roasted Chickpeas

Visual Recipe
by DAREBEE

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1 can - 8oz - 240g cooked chickpeas
2 tbsps olive oil

LEVEL UP! Add cayenne pepper and garlic powder.

2 PORTIONS



INSTRUCTIONS

1. Preheat the oven to 400°F (200°C). Drain and drizzle the chickpeas with olive oil and season for taste. Arrange them on top of a baking tray lined with baking paper in a single layer.
2. Roast in the oven for 20 minutes or until they begin to form a golden brown crust.
3. Transfer to a bowl.