



Quinoa With Pomegranate

Visual Recipe by DAREBEE @ darebee.com

1 cup - 7oz - 200g quinoa
1 cup - 5oz - 160g pomegranate kernels

LEVEL UP! Add hemp hearts and pine nuts.

2 PORTIONS

1



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INSTRUCTIONS

1. Rinse quinoa really well until the water runs clear.
2. Transfer the quinoa to a cooking pot. Cover with double the amount of water and stir once. Bring water to a boil then lower heat to low. Cover with a lid. Cook the quinoa until it is tender and it has completely absorbed the water - 15 minutes.
3. Transfer cooked quinoa to a plate.
4. Add pomegranate kernels and mix.
5. Top with hemp hearts and pine nuts.