



Lettuce Chestnut Salad

Visual Recipe
by DAREBEE
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	SMALL	MEDIUM	LARGE
lettuce	2 cups ~ 100g	3 cups ~ 150g	4 cups ~ 200g
cucumber	1	1	2
cooked chestnuts	2oz ~ 60g	3oz ~ 100g	7oz ~ 200g

LEVEL UP! Add a dash of olive oil or balsamic vinegar for dressing. Add pickled garlic and sesame seeds for garnish.



INSTRUCTIONS

1. Rinse, dry and cut lettuce. Add it to a plate.
2. Slice cucumbers and add them to the lettuce.
3. Dice cooked chestnuts and add them to the lettuce.
4. Drizzle the salad with balsamic vinegar or olive oil. Add pickled garlic and sprinkle with sesame seeds.