

# Avocado Mushroom Toast

Visual Recipe  
by DAREBEE

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1 can ~ 7oz ~ 200g cooked mushrooms  
2 slices of bread  
1 avocado

**LEVEL UP!** Add fresh spring onions  
and sesame seeds.

2 PORTIONS

## INSTRUCTIONS

1. Add drained mushrooms and  $\frac{1}{2}$  cup of water to a frying pan. Bring to a boil and cook on high heat until all the water has evaporated. Tip: You can use fresh or canned mushrooms.

2. Reduce heat to medium. Season for taste and stir continuously until the mushrooms become golden brown and begin to crisp at the edges.

3. Toast the bread.

4. Cut, de-stone and peel the avocado. Mash it with a fork and spread on the toast.

5. Add cooked mushrooms.

6. Garnish with spring onions  
and sesame seeds.

1



2



3



4



5



6

