

taste buds rehab



REMOVE ADDED SALT, SUGAR AND OIL FROM YOUR DIET FOR 15 DAYS.

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1	2	3	4	5
SUCCESS!	SUCCESS!	SUCCESS!	SUCCESS!	SUCCESS!
6	7	8	9	10
SUCCESS!	SUCCESS!	SUCCESS!	SUCCESS!	SUCCESS!
11	12	13	14	15
SUCCESS!	SUCCESS!	SUCCESS!	SUCCESS!	WOW That's what food tastes like?!